

Rhifyn 39 - Issue 39 Medi - September 2025

Cynnig Hyfforddiant Newydd: Ymwybyddiaeth o Droseddau sy'n ymwneud â Chyllyll gan ddefnyddio Realiti Rhithiwr



New Training Offer: Knife Crime Awareness using Virtual Reality

Mae'r hyfforddiant hwn yn defnyddio profiadau realiti rhithiwr i gefnogi dealltwriaeth ddyfnach o'r heriau y mae pobl ifanc yn eu hwynebu yn eu cymunedau.

Amcanion:

- Archwilio'r hyn rydym eisoes yn gwybod am droseddau sy'n ymwneud â chyllyll, pwy sy'n cario cyllyll a pham
- Deall yr achosion sylfaenol a'r ffactorau risg sy'n gysylltiedig â throseddau yn ymwneud â chyllyll, gan y bydd hyn yn hanfodol ar gyfer unrhyw ymyrraeth effeithiol
- Sut mae dynion ifanc yn cael eu radicleiddio gan y cyfryngau cymdeithasol
- Archwilio strategaethau atal effeithiol a all helpu i leihau troseddau cyllyll a hyrwyddo diogelwch cymunedol
- Adeiladu cysylltiadau â phobl ifanc i'w cefnogi i ddatblygu deallusrwydd emosïynol, hunanymwybyddiaeth, ac ymddiriedaeth yn eu greddfau, gan eu grymuso i lywio unrhyw wrthdaro a gwneud dewisiadau diogel, gwybodus
- Edrych ar fentrau cymunedol llwyddiannus sydd wedi'u gosod i leihau troseddau sy'n ymwneud â chyllyll a meithrin amgylchedd mwy diogel i bawb

Dyddiad:

17/11/2025, 09:30–15:30, Penmorfa, Aberaeron

Os hoffech chi fynychu, e-bostiwch dysgu@ceredigion.gov.uk

This training uses immersive virtual reality experiences to support a deeper understanding of the challenges young people face in their communities.

Objectives:

- Explore what we know about knife crime, who carries knives and why
- Understanding the underlying causes and risk factors associated with knife crime, as this will be crucial for any effective intervention
- How young men are being radicalised by social media
- Explore effective prevention strategies that can help in reducing knife crime and promoting community safety
- Building connections with young people to support them in building emotional intelligence, self-awareness, and trust in their instincts, empowering them to navigate conflict and make safe, informed choices
- Look at successful community initiatives that have been implemented to reduce knife crime and foster a safer environment for all

Date:

17/11/2025, 09:30–15:30, Penmorfa, Aberaeron

If you would like to attend, please email dysgu@ceredigion.gov.uk



Wythnos Ymwybyddiaeth Troseddau Casineb (11–18 Hydref 2025)



Hate Crime Awareness Week (11–18 October 2025)

Mae Wythnos Ymwybyddiaeth Troseddau Casineb yn wythnos genedlaethol o weithredu i annog cymunedau y mae troseddau casineb yn effeithio arnynt, awdurdodau lleol, heddluoedd a phartneriaid allweddol eraill i gydweithio i fynd i'r afael â materion troseddau casineb lleol.

Gwerth craidd yr wythnos yw sefyll mewn undod â'r rhai y mae troseddau casineb yn effeithio arnynt, cofio'r rhai yr ydym wedi'u colli, a chefnogi'r rhai y mae angen cymorth parhaus arnynt.

Mae'r Tîm Dysgu a Datblygu wedi trefnu i Gymorth i Ddiodefwyr gyflwyno y sesiynau ar-lein canlynol:

- **Troseddau Casineb Ymddygiad Gwrthgymdeithasol**
16/10/2025, 14:00–15:00
- **Deall Troseddau Casineb**
17/10/2025, 10:00–12:00

I archebu lle ar unrhyw un o'r sesiynau uchod, e-bostiwch dysgu@ceredigion.gov.uk

Hate Crime Awareness Week is a national week of action to encourage communities affected by hate crime, local authorities, police forces and other key partners to work together to tackle local hate crime issues.

The core value of the week is to stand in solidarity with those affected by hate crime, to remember those we have lost, and support those who need ongoing support.

The Learning & Development Team has arranged for Victim Support to deliver the following online sessions during the week:

- **Antisocial Behaviour Hate Crime**
16/10/2025, 14:00–15:00
- **Understanding Hate Crime**
17/10/2025, 10:00–12:00

To book a place on any of the above sessions, please email dysgu@ceredigion.gov.uk

Sesiynau Dysgu Am Ddim - Rhaglen #EdrychYnAgosach

The Children's Society

Free Learning Sessions - #LookCloser Programme

Mae Cymdeithas y Plant yn cynnig cyfres o sesiynau dysgu am ddim fel rhan o'u rhaglen #EdrychYnAgosach. Mae'r sesiynau hyn wedi'u datblygu yn seiliedig ar wybodaeth gan Gymdeithas y Plant a'u phartneriaid ehangach i fynd i'r afael â cham-drin plant a chamfanteisio.

Mae'r holl sesiynau yn cael eu cyflwyno ar Microsoft Teams. Cliciwch ar y dolenni isod am rhagor o wybodaeth ac i archebu eich lle.

- [Materion Iaith](#)
14/10/2025, 13:00–15:00
- [Diogelu pobl ifanc drawsryweddol rhag camfanteisio](#)
18/11/2025, 10:00–12:00
- [Ymarfer gwrth-hiliol i fynd i'r afael â chamfanteisio ar blant](#)
11/12/2025, 13:00–15:00

The Children's Society is offering a series of free learning sessions as part of its #LookCloser programme. These sessions have been developed drawing on the expertise of The Children's Society and wider partners to address child abuse and exploitation.

All sessions are delivered on Microsoft Teams. Click the links below for more information and to book your place.

- [Language Matters](#)
14/10/2025, 13:00–15:00
- [Safeguarding transgender young people from exploitation](#)
18/11/2025, 10:00–12:00
- [Anti-racist practice to tackle child exploitation](#)
11/12/2025, 13:00–15:00

RHAGLEN DATBLYGU'R GWEITHLU GOFAL CYMDEITHASOL CYMRU SOCIAL CARE WALES WORKFORCE DEVELOPMENT PROGRAMME

Pecyn Adnoddau Diogelu Grŵp C - Diwrnod Gweithredu



Safeguarding Group C Resource Pack - Implementation Day

Mae Bwrdd Diogelu Plant Canolbarth a Gorllewin Cymru a Gofal Cymdeithasol Cymru yn cynnal diwrnod gweithredu pecyn adnoddau Grŵp C ar 19 Tachwedd 2025, rhwng 09:30 a 16:00, yn Yr Egin, Caerfyrddin, SA31 3EQ.

Mae'r diwrnod hwn yn benodol ar gyfer rhai sy'n cyflwyno hyfforddiant diogelu Grŵp C ac nid yn gwrw hyfforddiant Grŵp C.

Y dyddiad cau ar gyfer archebu lle yw 3 Hydref. I archebu eich lle, [cwblhewch y ffurflen hon](#).

Mid and West Wales Safeguarding Children Board and Social Care Wales are hosting a Group C resource pack implementation day on 19 November 2025, from 09:30 to 16:00, at Yr Egin, Carmarthen, SA31 3EQ.

This day is specifically intended for those delivering Group C safeguarding training and is not a Group C training course.

The booking deadline is 3 October. To book your place, [complete this form](#).

Modiwlau eDdysgu



eLearning Modules

Mae'r modiwlau canlynol ar gael ar Bwll Dysgu Ceredigion:

- Cyfamod y Lluoedd Arfog
- Ymwybyddiaeth o Ofalwyr
- Cydraddoldeb ac Amrywiaeth
- Iechyd a Diogelwch ar gyfer Sefydliadau Allanol
- Atal a Rheoli Heintiau
- Cyflwyniad i Brofiadau Niweidiol yn ystod Plentynod a Arferion sy'n Ystyriol o Drawma yng Nghymru
- Cyflwyniad i feysydd Gofal a Gofal Personol
- Cyflwyniad i Hylendid Bwyd
- Trin a Thrafod Gwrthrychau
- Trin a Thrafod Pobl
- Ymwybyddiaeth Deddf Galluedd Meddyliol 2005
- Diogelu Unigolion sydd mewn Perygl o Ddioddef Troseddau Bregusrwydd
- Sut i Ddarparu Meddyginiaethau yn Ddiogel
- Diogelu Plant ac Oedolion Grŵp A
- Deall Anhwylder Diffyg Canolbwyntio a Gorfywigrwydd (ADHD)
- Deall Awtistiaeth
- Awtistiaeth - Deall Cyfathrebu Effeithiol
- Deall Asesiad ac Awtistiaeth
- Deall Syndrom Tourette
- Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn
- Trais yn Erbyn Menywod, Cam-drin Domestig a Thrais Rhywiol
- Ymwybyddiaeth o'r Gymraeg

Os nad oes gennych gyfrif Pwll Dysgu Ceredigion ac yr hoffech gael mynediad i'r modiwlau uchod, e-bostiwch dysgu@ceredigion.gov.uk

The following modules are available on Ceredigion Learning Pool:

- Armed Forces Covenant
- Carer Aware
- Equality & Diversity
- Health & Safety for External Organisations
- Infection Prevention & Control
- Introduction to Adverse Childhood Experiences & Trauma Informed Practices in Wales
- Introduction to Care & Personal Care
- Introduction to Food Hygiene
- Manual Handling of Objects
- Manual Handling of People
- Mental Capacity Act 2005 Awareness
- Protecting Individuals at Risk of Vulnerability Crimes
- Safe Administration of Medicines
- Safeguarding Children & Adults Group A
- Understanding ADHD
- Understanding Autism
- Autism - Understanding Effective Communication
- Understanding Assessment and Autism
- Understanding Tourette Syndrome
- United Nations Convention on the Rights of the Child
- Violence Against Women, Domestic Abuse & Sexual Violence
- Welsh Language Awareness

If you don't have a Ceredigion Learning Pool account and would like to access the above modules, please email dysgu@ceredigion.gov.uk

Hyfforddiant Rhithwir

- **Ymwybyddiaeth Sylfaenol o Gamddefnyddio Sylweddau**
09/10/2025, 09:30–13:30
- **Diogelu Plant Grŵp C ar gyfer Uwch Ymarferwyr a Phobl Dynodedig**
13/10/2025 a 14/10/2025, 09:30–15:30
- **Deall Eiriolaeth Broffesiynol Annibynnol**
14/10/2025, 14:00–15:00
- **Diogelu Oedolion Grŵp C ar gyfer Uwch Ymarferwyr a Phobl Dynodedig**
20/10/2025 a 21/10/2025, 09:30–15:30
- **Cyfleoedd Gwirfoddoli yng Ngheredigion - Sesiwn Wybodaeth**
23/10/2025, 10:00–11:00
- **Diogelu Plant Grŵp B**
27/10/2025, 09:30–15:30
26/11/2025, 09:30–15:30 (Welsh Medium)
- **Diogelu Oedolion Grŵp B**
29/10/2025, 09:30–15:30
25/11/2025, 09:30–15:30 (Welsh Medium)
- **Canabis a Sgrinio**
19/11/2025, 13:30–16:30

Hyfforddiant Wyneb yn Wyneb

- **Cyfyngau Cymdeithasol, Plant a Phobl Ifanc gan ddefnyddio Realiti Rhithwir**
09/10/2025, 09:30–15:30, Penmorfa, Aberaeron
- **Cyflwyniad i Brofiadau Niweidiol yn ystod Plentynod gan ddefnyddio Realiti Rhithwir**
22/10/2025, 09:30–12:30, Penmorfa, Aberaeron
14/11/2025, 09:30–12:30, Penmorfa, Aberaeron
- **Arferion sy'n Ystyriol o Drawma gan ddefnyddio Realiti Rhithwir**
22/10/2025, 13:00–16:00, Penmorfa, Aberaeron
14/11/2025, 13:00–16:00, Penmorfa, Aberaeron
- **Gweithio gydag Oedolion y mae Trawma yn ystod Plentynod yn dal i Effeithio Arnynt gan ddefnyddio Realiti Rhithwir**
24/10/2025, 09:30–12:30, Penmorfa, Aberaeron

Am ragor o wybodaeth neu i archebu lle ar cwrs, cysylltwch â:

Virtual Training

- **Basic Substance Misuse Awareness**
09/10/2025, 09:30–13:30
- **Safeguarding Children Group C for Senior Practitioners and Designated Persons**
13/10/2025 & 14/10/2025, 09:30–15:30
- **Understanding Independent Professional Advocacy**
14/10/2025, 14:00–15:00
- **Safeguarding Adults Group C for Senior Practitioners and Designated Persons**
20/10/2025 & 21/10/2025, 09:30–15:30
- **Volunteering Opportunities in Ceredigion - Information Session**
23/10/2025, 10:00–11:00
- **Safeguarding Children Group B**
27/10/2025, 09:30–15:30
26/11/2025, 09:30–15:30 (Welsh Medium)
- **Safeguarding Adults Group B**
29/10/2025, 09:30–15:30
25/11/2025, 09:30–15:30 (Welsh Medium)
- **Cannabis and Screening**
19/11/2025, 13:30–16:30

Face to Face Training

- **Social Media, Children & Young People using Virtual Reality**
09/10/2025, 09:30–15:30, Penmorfa, Aberaeron
- **Introduction to Adverse Childhood Experiences VR Enabled**
22/10/2025, 09:30–12:30, Penmorfa, Aberaeron
14/11/2025, 09:30–12:30, Penmorfa, Aberaeron
- **Trauma Informed Practice VR Enabled**
22/10/2025, 13:00–16:00, Penmorfa, Aberaeron
14/11/2025, 13:00–16:00, Penmorfa, Aberaeron
- **Working with Adults with Unresolved Childhood Trauma using Virtual Reality**
24/10/2025, 09:30–12:30, Penmorfa, Aberaeron

For more information or to book onto a course, please contact:

dysgu@ceredigion.gov.uk

01970 633949

ceri.ceredigion.gov.uk/learning/cy/

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