

RHAGLEN DATBLYGU'R GWEITHLU GOFAL CYMDEITHASOL CYMRU

SOCIAL CARE WALES WORKFORCE DEVELOPMENT PROGRAMME

Rhifyn 37 - Issue 37 Mawrth - March 2025

Wythnos Gwaith Cymdeithasol 2025



Social Work Week 2025

Cynhelir Wythnos Gwaith Cymdeithasol o ddydd Llun 17 i ddydd Gwener 21 Mawrth 2025. Mae'n dod â phobl at ei gilydd i ddathlu gwaith cymdeithasol.

Yn ystod yr wythnos, bydd Gofal Cymdeithasol Cymru yn cynnal cyfres o ddigwyddiadau ar-lein yn canolbwyntio ar berthnasoedd, llesiant a hunaniaeth broffesiynol. Mae'r rhain yn rhad ac am ddim i'w mynychu ac yn agored i unrhyw un sydd â diddordeb mewn gwaith cymdeithasol.

Y Digwyddiadau:

- **Gwerthoedd cyson a rolau newidiol - hunaniaeth gwaith cymdeithasol dros amser**
17/03/2025, 10:00–11:30
- **"Ydych chi'n fy nghael i?" - Sesiwn Gymraeg**
17/03/2025, 13:00–14:30
- **Deallusrwydd Artiffisial (AI) a gwaith cymdeithasol - cydbwysu arloesedd ac uniondeb**
18/03/2025, 10:00–12:00
- **Perthnasau a ffiniau proffesiynol**
18/03/2025, 13:30–16:00
- **Anaf moesol mewn gwaith cymdeithasol: beth, sut, a pham mae'n bwysig**
20/03/2025, 09:30–12:30
- **"Sut rydyn ni'n defnyddio data i gyfrannu at y proffesiwn gwaith cymdeithasol a sut mae'n cael ei reoleiddio?"**
20/03/2025, 13:00–14:00
- **Hunaniaeth niwroamrywiol mewn gwaith cymdeithasol**
21/03/2025, 10:00–12:00

Bydd mynychu'r digwyddiadau hyn yn cyfrif tuag at eich oriau datblygiad proffesiynol parhaus (DPP), os ydych chi wedi cofrestru gyda Gofal Cymdeithasol Cymru.

Am fwy o wybodaeth ac i archebu lle, ewch i [wefan Gofal Cymdeithasol Cymru](#).

Social Work Week takes place from Monday 17 to Friday 21 March 2025. It brings people together to celebrate social work.

During the week, Social Care Wales will be hosting a series of online events focusing on relationships, well-being and professional identity. These are free to attend and are open to anyone with an interest in social work.

The Events:

- **Consistent values and changing roles - social work identity over time**
17/03/2025, 10:00–11:30
- **"Do you get me?" - Welsh language session**
17/03/2025, 13:00–14:30
- **Artificial Intelligence (AI) and social work - balancing innovation and integrity**
18/03/2025, 10:00–12:00
- **Relationships and professional boundaries**
18/03/2025, 13:30–16:00
- **Moral injury in social work: the what, the how, and why it matters**
20/03/2025, 09:30–12:30
- **"How do we use data to contribute to the social work profession and how it is regulated?"**
20/03/2025, 13:00–14:00
- **Neurodivergent identity in social work**
21/03/2025, 10:00–12:00

Attending these events will count towards your continuing professional development (CPD) hours, if you're registered with Social Care Wales.

For more information and to book your place, please visit the [Social Care Wales website](#).



Hyfforddiant Codi a Chario**Manual Handling Training****Cynnig Newydd - Hyfforddiant Codi a Chario Pethau Difywyd**

03/04/2025, 09:15–12:30
 22/05/2025, 09:15–12:30
 19/06/2025, 09:15–12:30
 02/07/2025, 09:15–12:30

Hyfforddiant Pasbort Codi a Chario 2 Ddiwrnod

25/03/2025 a 26/03/2025, 09:15–16:00
 09/04/2025 a 10/04/2025, 09:15–16:00
 29/04/2025 a 30/04/2025, 09:15–16:00
 06/05/2025 a 07/05/2025, 09:15–16:00
 03/06/2025 a 04/06/2025, 09:15–16:00
 24/06/2025 a 25/06/2025, 09:15–16:00

Hyfforddiant Diweddarau Codi a Chario

02/04/2025, 09:15–16:00
 19/05/2025, 09:15–16:00
 12/06/2025, 09:15–16:00
 01/07/2025, 09:15–16:00

Hyfforddiant Gofalwr Sengl

01/04/2025, 09:15–16:00
 20/05/2025, 09:15–16:00
 17/06/2025, 09:15–16:00
 15/07/2025, 09:15–16:00

Bydd y cyrsiau uchod yn cael eu cynnal yn yr ystafell hyfforddi Codi a Chario ym Mhenmorfa, Aberaeron. Am fwy o wybodaeth am y cyrsiau Codi a Chario, gan gynnwys y ffioedd, [cliciwch yma](#).

I archebu lle ar unrhyw un o'r cyrsiau uchod, e-bostiwrch dysgu@ceredigion.gov.uk

New Offer - Inanimate Load Handling Training

03/04/2025, 09:15–12:30
 22/05/2025, 09:15–12:30
 19/06/2025, 09:15–12:30
 02/07/2025, 09:15–12:30

2-day Manual Handling Passport Training

25/03/2025 & 26/03/2025, 09:15–16:00
 09/04/2025 & 10/04/2025, 09:15–16:00
 29/04/2025 & 30/04/2025, 09:15–16:00
 06/05/2025 & 07/05/2025, 09:15–16:00
 03/06/2025 & 04/06/2025, 09:15–16:00
 24/06/2025 & 25/06/2025, 09:15–16:00

Manual Handling Update

02/04/2025, 09:15–16:00
 19/05/2025, 09:15–16:00
 12/06/2025, 09:15–16:00
 01/07/2025, 09:15–16:00

Single Carer Training

01/04/2025, 09:15–16:00
 20/05/2025, 09:15–16:00
 17/06/2025, 09:15–16:00
 15/07/2025, 09:15–16:00

The above courses will be held in the Manual Handling Training Suite in Penmorfa, Aberaeron. For more information about the Manual Handling courses, including the fees, please [click here](#).

To book a place on any of the above courses, please email dysgu@ceredigion.gov.uk

Gwella eich Sgiliau Cymraeg**Improve your Welsh Language Skills**

Mae cynnig gwasanaethau i drigolion Ceredigion trwy gyfrwng y Gymraeg yn bwysig. Gall hyd yn oed ychydig o eiriau yn y Gymraeg wneud gwahaniaeth i'r bobl rydych chi'n gweithio gyda.

Rydym yn falch o gynnig 2 gwrs Cymraeg i ddechreuwyd i ddarparwyr gofal cymdeithasol yn y rhanbarth. Mae pob cwrs yn cynnwys 3 sesiwn ac yn rhoi cyflwyniad i'r Gymraeg. Bydd y cyrsiau yn cael eu cyflwyno gan Diwtor Iaith Gymraeg y Cyngor.

Cwrs 1

27/06/2025, 10:00–12:00
 04/07/2025, 10:00–12:00
 11/07/2025, 10:00–12:00

Cwrs 2

05/09/2025, 10:00–12:00
 12/09/2025, 10:00–12:00
 19/09/2025, 10:00–12:00

Os hoffech fynychu un o'r cyrsiau uchod, e-bostiwrch dysgu@ceredigion.gov.uk

Offering services to the residents of Ceredigion through the medium of Welsh is important. Even a few words in Welsh can make a difference to the people you work with.

We are pleased to offer 2 basic Welsh courses for social care providers in the region. Each course consists of 3 sessions and provides an introduction to the Welsh language. The courses will be delivered by the Council's Welsh Language Tutor.

Course 1

27/06/2025, 10:00–12:00
 04/07/2025, 10:00–12:00
 11/07/2025, 10:00–12:00

Course 2

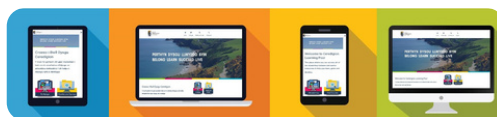
05/09/2025, 10:00–12:00
 12/09/2025, 10:00–12:00
 19/09/2025, 10:00–12:00

If you would like to attend one of the above courses, please email dysgu@ceredigion.gov.uk

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Modiwlau eDdysgu



eLearning Modules

Rydym yn falch o roi gwybod i chi fod y 3 modiwl eDdysgu isod wedi'u hychwanegu at Bwll Dysgu Ceredigion yn ddiweddar:

- Cyfamod y Lluoedd Arfog
- Ymwybyddiaeth o Ofalwyr
- Cyflwyniad i Brofiadau Niweidiol yn ystod Plentyndod a Arferion sy'n Ystyriol o Drawma yng Nghymru

Mae'r modiwlau canlynol hefyd ar gael ar Bwll Dysgu Ceredigion:

- Cydraddoldeb ac Amrywiaeth
- Iechyd a Diogelwch ar gyfer Sefydliadau Allanol
- Atal a Rheoli Heintiau
- Cyflwyniad i feysydd Gofal a Gofal Personol
- Cyflwyniad i Hylendid Bwyd
- Trin a Thrafod Gwrthrychau
- Trin a Thrafod Pobl
- Ymwybyddiaeth Deddf Galluedd Meddyliol 2005
- Diogelu Unigolion sydd mewn Perygl o Ddioddef Troseddau Bregusrwydd
- Sut i Ddarparu Meddyginiaethau yn Ddiogel
- Diogelu Plant ac Oedolion Grŵp A
- Deall Anhwylder Diffyg Canolbwyntio a Gorfywiogrwydd (ADHD)
- Deall Awtistiaeth
- Awtistiaeth - Deall Cyfathrebu Effeithiol
- Deall Asesiad ac Awtistiaeth
- Deall Syndrom Tourette
- Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn
- Trais yn Erbyn Menywod, Cam-drin Domestig a Thrais Rhywiol
- Ymwybyddiaeth o'r Gymraeg

Os nad oes gennych gyfrif Pwll Dysgu Ceredigion ac yr hoffech gael mynediad i'r modiwlau uchod, e-bostiwch dysgu@ceredigion.gov.uk

We are pleased to let you know that the 3 eLearning modules below have recently been added to Ceredigion Learning Pool:

- Armed Forces Covenant
- Carer Aware
- Introduction to Adverse Childhood Experiences & Trauma Informed Practices in Wales

The following modules also remain available on Ceredigion Learning Pool:

- Equality & Diversity
- Health & Safety for External Organisations
- Infection Prevention & Control
- Introduction to Care & Personal Care
- Introduction to Food Hygiene
- Manual Handling of Objects
- Manual Handling of People
- Mental Capacity Act 2005 Awareness
- Protecting Individuals at Risk of Vulnerability Crimes
- Safe Administration of Medicines
- Safeguarding Children & Adults Group A
- Understanding ADHD
- Understanding Autism
- Autism - Understanding Effective Communication
- Understanding Assessment and Autism
- Understanding Tourette Syndrome
- United Nations Convention on the Rights of the Child
- Violence Against Women, Domestic Abuse & Sexual Violence
- Welsh Language Awareness

If you don't have a Ceredigion Learning Pool account and would like to access the above modules, please email dysgu@ceredigion.gov.uk

Hyfforddiant Rhithwir

- **Trosedd Casineb Ymddygiad Gwrthgymdeithasol**
19/03/2025, 10:00–11:00
- **LGBTQ+ - Sut mae Darparu'r Gwasanaethau a'r Cymorth Priodol**
26/03/2025, 09:30–13:00
02/06/2025, 13:30–17:00
- **Cyflwyniad i Parkinson's**
01/04/2025, 10:00–11:00
- **Cynllunio Ymddeoliad Cadarnhaol**
23/04/2025, 13:00–15:30
- **Deall Eiriolaeth Broffesiynol Annibynnol**
12/05/2025, 14:00–15:00
15/07/2025, 10:00–11:00
- **Ymwybyddiaeth o LGBT - Lleisiau Gwahanol**
14/08/2025, 13:30–17:00

Virtual Training

- **Antisocial Behaviour Hate Crime**
19/03/2025, 10:00–11:00
- **LGBTQ+ - How to Provide Appropriate Services and Support**
26/03/2025, 09:30–13:00
02/06/2025, 13:30–17:00
- **An Introduction to Parkinson's**
01/04/2025, 10:00–11:00
- **Planning a Positive Retirement**
23/04/2025, 13:00–15:30
- **Understanding Independent Professional Advocacy**
12/05/2025, 14:00–15:00
15/07/2025, 10:00–11:00
- **LGBT Awareness - Voices of Difference**
14/08/2025, 13:30–17:00

Hyfforddiant Wyneb yn Wyneb

- **Dechrau'r Galon / Cymorth Cyntaf Brys**
29/04/2025, 10:30–13:30, Penmorfa, Aberaeron
14/05/2025, 10:30–13:30, Penmorfa, Aberaeron
09/06/2025, 10:30–13:30, HCT, Aberystwyth
16/07/2025, 10:30–13:30, Penmorfa, Aberaeron

Face to Face Training

- **Heart Start / Emergency First Aid**
29/04/2025, 10:30–13:30, Penmorfa, Aberaeron
14/05/2025, 10:30–13:30, Penmorfa, Aberaeron
09/06/2025, 10:30–13:30, HCT, Aberystwyth
16/07/2025, 10:30–13:30, Penmorfa, Aberaeron

Am ragor o wybodaeth neu i archebu lle ar cwrs, cysylltwch â:

For more information or to book onto a course, please contact:



dysgu@ceredigion.gov.uk

01970 633949

ceri.ceredigion.gov.uk/learning/cy/

ceri.ceredigion.gov.uk/learning/

