

IMAGE AND PERFORMANCE ENHANCING DRUGS

Overview:

- This course will give an insight into the use of substances used to improve the image and performance of people such as, steroids, botox, filler, diet pills etc. It will look at the impact the media has and also the mental health issues that can occur. It will also look at harm reduction advice and signposting.

Objectives:

- Develop a good understanding of image and performance enhancing drugs
- Harm reduction advice
- Signposting